

Care hours per patient day (CHPPD): guidance for mental health and community trusts

October 2018

We support providers to give patients safe, high quality, compassionate care within local health systems that are financially sustainable.

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1. Introduction

One obstacle to eliminating unwarranted variation in the distribution of the workforce across and within the NHS provider sector has been the absence of a single means of consistently recording, reporting and monitoring staff deployment.

The care hours per patient day (CHPPD) metric was developed to provide a consistent way of recording and reporting deployment of nursing staff providing care in inpatient ward settings. The metric was designed initially for acute hospitals but has since been tested and adapted for use in mental health and community inpatient wards.

Through service redesign we have noted that it is not uncommon for some inpatient mental health and community trust inpatient wards to include professionals other than nurses in their ward establishment. The CHPPD measure must include these roles to provide an accurate record of the care hours available. Therefore, from September 2018, for mental health and community trusts we have extended the national CHPPD data collection to include all registered and non-registered AHPs

For the purposes of this document, 'AHPs' includes all registered professionals and their clinical support staff (see Appendix 1 for the list of roles included).

CHPPD must include all professionals in the ward budget and establishment who are part of the ward roster, work as part of your team and take part in day-to-day care, undertaking specific roles such as enhanced care, facilitating patient groups and activities and ward leadership. AHPs who deliver interventions to patients on the ward, but who work across many wards/services/pathways so are not rostered as part of the ward establishment, are excluded from this data collection.

2. What is CHPPD?

CHPPD was developed, tested and adopted to provide a single consistent way of recording and reporting deployment of staff on inpatient wards/units.

The metric produces a single figure that represents both staffing levels and patient requirements, unlike actual hours alone.

- It enables comparisons between wards/units. As CHPPD is calculated after dividing by the number of patients, the value does not increase due to the size of the unit – allowing comparisons between units of different sizes.
- It offers the ability to differentiate registered staff (nurses and AHPs) from healthcare support workers (nursing and AHP) for reporting purposes, to ensure skill-mix is well-described and the nurse-to-patient ratio taken account of in staff deployment, along with an aggregated overall score.
- CHPPD is a descriptor of workforce deployment that can be used at ward, service or aggregated to trust level.
- CHPPD is most useful at ward level: service leaders and managers can compare workforce deployment over time with similar wards in the trust or at other trusts, as part of a review of staff productivity alongside clinical quality and safety outcome measures.

3. How to calculate CHPPD

To calculate CHPPD, the **patient count at midnight** – the total number of patients on the ward at 23.59, which is collected daily - was added to the safe staffing monthly return. These figures are then aggregated for the month for this return. Monthly CHPPD data will now be routinely collected for inpatient areas in all sectors: acute, specialist acute, mental health and community trusts.

We aim to enhance this data collection for mental health and community trusts by including registered and non-registered AHPs.

CHPPD will then be calculated using this field alongside the existing fields for the registered nurse and healthcare support workers as shown below.

CHPPD calculation:

day shift hours + night shift hours worked by both registered mental nurses and registered nurses, healthcare support workers and registered AHPs and nonregistered AHPs

approximation of every 24 hours of inpatient admissions by taking a daily count of patients in beds at 23.59

This is aggregated each day over the month in question. The fill rates of rotas and CHPPD are calculated from this ongoing data return.

We recognise that the 23.59 census does not fully represent the total and fluctuating daily care activity or the peak bed occupancy. However, it provides a reliable and consistent information collection point and a common basis for productive comparisons to measure, review and reduce ward-level variation within organisations and within similar specialties across different trusts.

4. Implementing CHPPD

From May 2016, CHPPD formally became the principal measure of nursing and care support deployment for acute and acute specialist trusts. We expect it will increasingly form part of an integrated ward/unit/trust-level quality framework and of review dashboards encompassing quality of care, patient outcomes, people productivity and financial sustainability.

To make this collection less burdensome, a new field was included in the Strategic Data Collection Service (SDCS) safe staffing returns already in everyday use across trusts – 'Patient count at midnight'. This is the total number of patients on the ward at 23.59, which is collected each day and then totalled for the month for this return.

Monthly CHPPD data is routinely collected, recorded and reported in the Model Hospital down to ward level for inpatient areas in each acute trust. The Model Hospital retrospectively shows CHPPD data obtained from SDCS and safe staffing monthly returns. We aim to develop Model Hospital ward-level dashboards for mental health and community inpatient areas, and so allow the data to be reported for all inpatient sectors.

Growing evidence suggests workforce productivity will increase if organisational policy and practice include reviewing CHPPD for daily and bi-annual ward-level establishment setting, overseen at divisional and trust level.

We developed this updated CHPPD guidance after two pilot AHP data collections across mental health and community trusts, nationally in September 2017 and again in June 2018.

5. Strategic Data Collection Service (SDCS) CHPPD factsheet

CHPPD indicator SDCS return

To take account of emerging changes, this factsheet will be updated at least quarterly or more frequently in the case of significant developments.

Timeframes

This is a monthly data collection that must be returned by 12 noon on the 11th working day of the subsequent month. It will be posted and made available on the second Friday of the month after that.

For example: Data for 1 to 31 October must be returned by 12 noon on 15 November 2018. Appendix 1 includes the dates for data submission for the rest of the year.

SDCS

To upload data to SDCS, which is run by NHS Digital, trusts should contact Data.Collections@nhs.net to obtain a username for the system. Full instructions and guidance will then be provided. The upload template is called Safe Staffing (Rota Fill Rates and CHPPD Collection).

Contact details

For all questions about this guidance, or the current or future collection, contact nhsi.returns@nhs.net. We will try to respond within 24 hours.

SDCS template terms, explanations and definitions

For reporting purposes, 'registered nurses' includes registered mental nurse (RMN) and registered nurse (RN). 'AHP' includes all professionals as well as their clinical support staff (non-registered AHPs).

| Number | Term | Explanation/definition |
|--------|--------------------|---|
| 1 | Reporting period | The calendar month |
| 2 | Hospital site code | Select your hospital site code from the dropdown box. All hospital sites can be added to one overall return for each trust. |
| 3 | Ward name | Enter the ward name or number. All wards with inpatient beds need to be included, except: • additional capacity wards Please ensure that each ward name is in line with the ward names used on the submissions, so it matches the NHS Choices website. Do not use abbreviations. |
| 4 | First specialty | Select the first specialty for the ward from the dropdown box. |
| 5 | Second specialty | If there is more than one, select the second specialty for the ward from the dropdown box. Enter data for the whole ward. If the ward covers more than two specialties, please select the two for which there are most patients. |
| 6 | Night | The shift period within which midnight falls. |
| 7 | Day | All periods not included in the night shift. |
| 8 | Registered nurse | A member of registered nursing staff on the duty rota dedicated to the inpatient area. Include all such staff. |
| 9 | Care staff | Include any non-registered staff member on the duty rota dedicated to the inpatient area who have delegated responsibility from a registered nurse. Examples are: nursing assistants healthcare assistants support workers auxiliary nurses. |

| Number | Term | Explanation/definition | |
|--------|-----------------------------------|--|--|
| 10 | Registered AHPs | A registered AHP on the duty roster dedicated to the inpatient area. This includes: | |
| 11 | Non- registered AHPs | A non-registered staff member on the duty roster dedicated to the inpatient area with delegated responsibility from a registered AHP. This includes: activity co-ordinators ccupational therapy assistants peer support workers physiotherapy assistants speech and language therapy assistants. | |
| 12 | Students | Students are excluded. | |
| 13 | Total monthly planned staff hours | Enter the total monthly planned hours for: registered nurses on day shifts registered nurses on night shifts care staff on day shifts care staff on night shifts registered AHPs on day shifts registered AHPs on night shifts non-registered AHPs on day shifts non-registered AHPs on night shifts non-registered AHPs on night shifts. | |
| 14 | Total monthly actual staff hours | Enter the total monthly actual hours worked for: registered nurses on day shifts registered nurses on night shifts care staff on day shifts care staff on night shifts | |

| Number | Term | Explanation/definition | |
|--------|----------------------------------|--|--|
| | | registered AHPs on day shifts registered AHPs on night shifts non-registered AHPs on day shifts non-registered AHPs on night shifts | |
| 15 | Patients count at midnight | Enter the number of patients on the ward at 23.59 on the date of the shift. Include patients who are being 'nursed' in other health facilities by your ward staff. Do not include patients 'on leave'. | |
| 16 | CHPPD | This information is automatically calculated from the data entered on the template. The CHPPD is calculated by taking the actual hours worked divided by the number of patients at midnight split by registered nurses/AHPs and care/support staff. | |
| 17 | Staff to be included | Count in all staff on the duty rota dedicated to the inpatient area. This includes: • all registered nursing staff and AHPs on the duty rota dedicated to the inpatient area • all care staff and non-registered AHPs on the duty rota dedicated to the inpatient area — this includes: — staff rostered from a pool — staff specifically booked to provide 'enhanced care' (special) to a patient; this is to reflect a legitimate staffing increase to manage acuity and dependency — staff who are providing enhanced care and supervision to patients being nursed in alternative settings such as an acute trust — staff who are booked to 'escort patients' — staff working additional hours on top of their booked shift should have their extra hours included — bank and agency staff — nursing assistants | |

| Number | Term | Explanation/definition | |
|--------|----------------------|---|--|
| | | healthcare assistants support workers auxiliary nurses OT assistants physiotherapy assistants dietetic assistants activity co-ordinators. | |
| 18 | Staff to be excluded | Exclude staff not included on the staff duty rota – usually: specialist nurses covering several wards/units all AHPs who work peripatetically across wards and are therefore not rostered or part of a ward establishment registered nurses or AHPs undertaking preceptorship or new starters (if not included as part of the planned staffing and therefore supernumerary) student nurses and student AHPs hospitality staff such as hostesses ward admin staff. | |

Further supporting information

- 1. If a ward is permanently closed, the ward should no longer be reported. You should remove this ward from NHS Choices. The person in your organisation who has editor's permissions to amend the NHS Choices system must do this.
- 2. If a ward has a temporary planned closure partway through the month, the planned and actual staffing days when the ward is open should be reported as normal. The actual and planned-for days when the closure occurs should be recorded as zero. Reflect the variance in the staffing and patient count in the monthly submission, with the reason for it.

- If the ward is a mixed inpatient and day-patient/outpatient unit, include only 3. staff delivering inpatient care. We are carrying out further analysis to find a more appropriate solution where this may not be possible. Please indicate where this is the case on the returns.
- Include external staff hours if they support care of inpatients for more than two 4. hours.

Appendix 1: Roles included under 'AHP' for this data collection

- Activity co-ordinator (registered)
- Activity co-ordinator (non-registered)
- Clinical psychologist (registered)
- Dietetic assistant (non-registered)
- Dietitian (registered)
- Occupational therapist (registered)
- Occupational therapy assistant (non-registered)
- Peer support worker (non-registered)
- Pharmacist (registered)
- Physiotherapist (registered)
- Physiotherapy assistant (non-registered)
- Social worker (registered)
- Speech and language therapist (registered)
- Speech and language therapy assistant (non-registered)
- Other allied health professional (registered)
- Other allied health assistant (non-registered)

Appendix 2: CHPPD indicator SDCS return: data collection dates September 2018 to March 2019

| Data period | Collection period opens | Collection period closes |
|---------------|-------------------------|-------------------------------|
| October 2018 | 1 November 2018 | 15 November 2018 – 12 noon |
| November 2018 | 3 December 2018 | 17 December 2018 – 12 noon |
| December 2018 | 2 January 2019 | 16 January 2019 – 12 noon |
| January 2019 | 1 February 2019 | 15 February 2019 – 12 noon |
| February 2019 | 1 March 2019 | 15 March 2019 – 12 noon |
| March 2019 | 1 April 2019 | 15 April 2019 – 12 noon |

Appendix 3: Trusts required to submit patient count at midnight figures to calculate CHPPD

| Trust | Code | Designation |
|--|------|---------------|
| 2Gether NHS Foundation Trust | RTQ | Mental health |
| Avon and Wiltshire Mental Health Partnership NHS Trust | RVN | Mental health |
| Barnet, Enfield and Haringey Mental Health NHS Trust | RRP | Mental health |
| Berkshire Healthcare NHS Foundation Trust | RWX | Mental health |
| Birmingham and Solihull Mental Health NHS Foundation Trust | RXT | Mental health |
| Birmingham Community Healthcare NHS Foundation Trust | RYW | Community |
| Black Country Partnership NHS Foundation Trust | TAJ | Mental health |
| Bradford District Care NHS Foundation Trust | TAD | Mental health |
| Bridgewater Community Healthcare NHS Foundation Trust | RY2 | Community |
| Cambridgeshire Community Services NHS Trust | RYV | Community |

| Trust | Code | Designation |
|---|------|---------------|
| Cambridgeshire and Peterborough NHS Foundation Trust | RT1 | Mental health |
| Camden and Islington NHS Foundation Trust | TAF | Mental health |
| Central and North West London NHS Foundation Trust | RV3 | Mental health |
| Central London Community Healthcare NHS Trust | RYX | Community |
| Cheshire and Wirral Partnership NHS Foundation Trust | RXA | Mental health |
| Cornwall Partnership NHS Foundation Trust | RJ8 | Mental health |
| Coventry and Warwickshire Partnership NHS Trust | RYG | Mental health |
| Cumbria Partnership NHS Foundation Trust | RNN | Mental health |
| Derbyshire Community Health Services NHS Foundation Trust | RY8 | Community |
| Derbyshire Healthcare NHS Foundation Trust | RXM | Mental health |
| Devon Partnership NHS Trust | RWV | Mental health |
| Dorset HealthCare University NHS Foundation Trust | RDY | Mental health |
| Dudley and Walsall Mental Health Partnership NHS Trust | RYK | Mental health |
| East London NHS Foundation Trust | RWK | Mental health |
| Essex Partnership University NHS Foundation Trust | R1L | Mental Health |

| Trust | Code | Designation |
|---|------|---------------|
| Gloucestershire Care Services NHS Trust | R1J | Community |
| Greater Manchester Mental Health NHS Foundation Trust | RXV | Mental health |
| Hertfordshire Community NHS Trust | RY4 | Community |
| Hertfordshire Partnership University NHS Foundation Trust | RWR | Mental health |
| Hounslow and Richmond Community Healthcare NHS Trust | RY9 | Community |
| Humber NHS Foundation Trust | RV9 | Mental health |
| Kent and Medway NHS and Social Care Partnership Trust | RXY | Mental health |
| Kent Community Health NHS Foundation Trust | RYY | Community |
| Lancashire Care NHS Foundation Trust | RW5 | Mental health |
| Leeds and York Partnership NHS Foundation Trust | RGD | Mental health |
| Leeds Community Healthcare NHS Trust | RY6 | Community |
| Leicestershire Partnership NHS Trust | RT5 | Mental health |
| Lincolnshire Community Health Services NHS Trust | RY5 | Community |
| Lincolnshire Partnership NHS Foundation Trust | RP7 | Mental health |
| Mersey Care NHS Foundation Trust | RW4 | Mental health |

| Trust | Code | Designation |
|--|------|---------------|
| Midlands Partnership NHS Foundation Trust | RRE | Mental health |
| Norfolk and Suffolk NHS Foundation Trust | RMY | Mental health |
| Norfolk Community Health and Care NHS Trust | RY3 | Community |
| North East London NHS Foundation Trust | RAT | Mental health |
| North Staffordshire Combined Healthcare NHS Trust | RLY | Mental health |
| North West Boroughs Healthcare NHS Foundation Trust | RTV | Mental health |
| Northamptonshire Healthcare NHS Foundation Trust | RP1 | Mental health |
| Northumberland, Tyne and Wear NHS Foundation Trust | RX4 | Mental health |
| Nottinghamshire Healthcare NHS Foundation Trust | RHA | Mental health |
| Oxford Health NHS Foundation Trust | RNU | Mental health |
| Oxleas NHS Foundation Trust | RPG | Mental health |
| Pennine Care NHS Foundation Trust | RT2 | Mental health |
| Rotherham, Doncaster and South Humber NHS Foundation Trust | RXE | Mental health |
| Sheffield Health and Social Care NHS Foundation Trust | TAH | Mental health |
| Shropshire Community Health NHS Trust | R1D | Community |

| Trust | Code | Designation |
|---|------|---------------|
| Solent NHS Trust | R1C | Community |
| Somerset Partnership NHS Foundation Trust | RH5 | Mental health |
| South London and Maudsley NHS Foundation Trust | RV5 | Mental health |
| South West London and St George's Mental Health NHS Trust | RQY | Mental health |
| South West Yorkshire Partnership NHS Foundation Trust | RXG | Mental health |
| Southern Health NHS Foundation Trust | RW1 | Mental health |
| Staffordshire and Stoke on Trent Partnership NHS Trust | R1E | Community |
| Surrey and Borders Partnership NHS Foundation Trust | RXX | Mental health |
| Sussex Community NHS Foundation Trust | RDR | Community |
| Sussex Partnership NHS Foundation Trust | RX2 | Mental health |
| The Tavistock and Portman NHS Foundation Trust | RNK | Mental health |
| Tees, Esk and Wear Valleys NHS Foundation Trust | RX3 | Mental health |
| West London Mental Health NHS Trust | RKL | Mental health |
| Wirral Community NHS Foundation Trust | RY7 | Community |
| Worcestershire Health and Care NHS Trust | R1A | Mental health |

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