

## Facilities

There are two separate arms of the building each housing two wards. With their own courtyard garden, TV lounge, laundry, interview rooms, offices, arts and crafts room, and dining room, each ward functions as a completely self-contained unit. However, if the need arises, neighbouring wards can work together as a team.

All of the bedrooms are en suite and offer views over the surrounding countryside. People sleep, eat and live on the wards, and go 'out' to the Therapies Centre, courtyard and the purpose-built Sports Barn.

## Sport and recreation

The link between physical activity and mental health and wellbeing is well-documented. Sport and physical exercise are key elements of the programme at the Dewnans Centre and everyone is encouraged to participate in some way.

The Sports Barn in the central courtyard area is deliberately visible from almost every part of the building and its three-sided design means that it can be used in all weathers.

It offers a wide variety of activities including tennis, cricket, volleyball, badminton and five-a-side football.

## Vocational rehabilitation

Vocational rehabilitation is important for a person's recovery and through work, education and engagement, we provide positive and purposeful opportunities for people to use and develop their skills. Activities available include Cafe Oasis, the clothing outlet, horticulture, picture framing, Interior Works, computing, a heavy workshop, car-valeting and a library.

Other therapeutic activities include music, animation, cookery, arts and craft, educational courses and escorted community trips.

# Dewnans Centre

**Leading the way in secure care**

### Making contact

To find out more about Langdon Hospital and the Dewnans Centre call **01626 888372** or visit [www.devonpartnership.nhs.uk](http://www.devonpartnership.nhs.uk)

If you need information in a different language or format or have a concern, compliment or complaint, then please contact our PALS Team:

### PALS Team

Devon Partnership NHS Trust  
Wonford House Hospital  
Dryden Road  
Exeter EX2 5AF

Freephone: 0800 0730741  
Email: [dpn-tr.pals@nhs.net](mailto:dpn-tr.pals@nhs.net)

You will also find useful information about our services and issues related to mental health and wellbeing on our website at [www.devonpartnership.nhs.uk](http://www.devonpartnership.nhs.uk)



Reference: 342/03/13



# Welcome to the Dewnans Centre



## Introduction

**Looking over the 111 acre Langdon Hospital site in the heart of south Devon, the Dewnans Centre boasts not only a fantastic location but truly state-of-the-art design and construction.**

The country's newest medium secure mental health facility, it represents an investment of £27 million and offers an unparalleled environment in which to deliver high quality care, therapy and recreation.

The Dewnans Centre can accommodate up to 60 people. It incorporates the very latest technology and engineering to deliver a safe and secure environment, but one that is also extremely therapeutic.

It is designed to be flexible, providing varying levels of security and different types of care as demand dictates. Its four wards (Ashcombe, Holcombe, Warren and Cofton) support people on a 'treatment pathway' from acute emergency admissions through to long-term residential and step-down care as their health and wellbeing improves.

## Design and layout

Although the Dewnans Centre is a secure facility for people under constant supervision, the focus of its design is on unobtrusive security and flexibility to support and enable recovery. Security and access into and around the building is managed by proximity readers (which read security passes from a distance), so that people do not feel 'locked in'.

It is designed very much as a village, with the Therapies Centre and recreational activities placed at the heart of everything. People pass through this central area on the way to and from wards and other parts of the facility, and this helps to create and sustain a sense of community and minimise any sense of isolation or separation.

As well as treatment rooms, the Therapies Centre includes heavy and light workshops, computing and library facilities, a music room and a café. Office and administration space has deliberately been housed separately, in the only part of the building that has a second storey.

## Our approach

The overall focus of care at the Dewnans Centre is upon personal recovery – supporting people to attain their goals, to achieve a sense of hope, opportunity and control and to move towards independence.

With every individual we follow a programme of personalised care planning. Professionals from different disciplines work with people to create a tailored programme of care. Nurses, psychologists, psychiatrists, physiotherapists, occupational therapists, social workers and specialist sports and activity workers work together as a flexible and responsive team whose focus is not just mental health, but also physical, psychological and social wellbeing.

Our therapeutic wellness and recovery action plans include goals and aspirations agreed with each person as 'My Shared Pathway'.